

# WELLNESS ACTIVITIES



## FRIDAY, NOVEMBER 9

9:30AM-5:30PM Fallen Hero Portrait display  
All month in the library skyway

## SATURDAY, NOVEMBER 10

10::30AM-12PM Deeper into meditation

## SUNDAY, NOVEMBER 11

2-4PM Warm Up Rochester Maker Time

## MONDAY, NOVEMBER 12

**LIBRARY CLOSED FOR VETERANS DAY**

## TUESDAY, NOVEMBER 13

1-2:30PM Digital Drop In  
4-8pm Health Screening  
6:30-8:30pm Writing group

## WEDNESDAY, NOVEMBER 14

2-3PM Nonfiction Readers group  
3-5PM Digital Drop In  
5-8 PM Financial Literacy workshop  
5-7PM Women on Wednesdays  
6-8PM iFilm: "La Familia"  
7-9PM Spanish Conversation group

## THURSDAY, NOVEMBER 15

1-2:30PM Digital Drop In  
6:30-8:30PM Native American Film  
7-8:30PM Improv Jam

## SATURDAY, NOVEMBER 17

1-3PM Transforming families

## MONDAY, NOVEMBER 19

9:30 -11AM Digital Drop In

## TUESDAY, NOVEMBER 20

12-1PM Plain Readers book club  
1-2:30PM Digital Drop In  
4-6PM Chess Club  
6-7:30PM English Conversation Group  
6:30-8:30PM Dying to Know: Family directed funerals and green burials  
7-8PM Night Owls book group

## WEDNESDAY, NOVEMBER 21

3-5PM Digital Drop In  
10:30AM-12:30PM Senior advocate available  
7-8PM Hour to Kill Social Club

## THURSDAY, NOVEMBER 22

**LIBRARY CLOSED FOR THANKSGIVING**

## FRIDAY, NOVEMBER 23

**LIBRARY CLOSED FOR THANKSGIVING**

## MONDAY, NOVEMBER 26

9:30 -11AM Digital Drop In  
1-2PM Mystery book group  
7-8:30pm Improv for actors

## TUESDAY, NOVEMBER 27

1-2:30PM Digital Drop In  
130-3PM Literature into film group  
6:30-8:30pm Writing group  
4-5PM Senior speed friending  
6-8PM Health screening



**Rochester  
Public Library**

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